

## **KNOW THE FACTS**

about the vaccines being offered in order to make the best decision for your health, and the health of your community.

## MODERN MEDICINES

such as the COVID-19 vaccine, in relationship with our traditional teachings can work together to help protect community members, especially our Elders.



• Wash your hands • Wear a mask • Practice physical distancing

· Avoid gatherings · If you are sick, stay home

YOURHEALTHOURSTRENGTH.CA